

Update on Quaker Aging Resources (QAR)

Quaker Aging Resources was created in 2010 as a collaborative project of Philadelphia and New York Yearly Meetings of the Religious Society of Friends. In 2025, Philadelphia Yearly Meeting was granted by Friends Foundation for the Aging to *Reimagine Quaker Aging Resources*.

The project was designed to assist Meetings and individuals in responding to the needs of aging Friends including age-related changes, chronic illness or disability. The resources are intended to uphold a culture of care for the body, mind, spirit and community of the individual, which is consistent with our Quaker faith, and address the following needs:

- Aging at Home
- Death and Dying
- Emotional /Behavioral Care
- Financial Matters
- Housing
- Meaningful Retirement
- Memory Loss and Dementia
- Physical Health
- Spirituality and Aging

New on the website are updated pamphlets along with audio recordings.

Audio Recorded QAR Pamphlets

Resource Sections	Pamphlet Link
Housing	Hoarding Quaker Aging Resources
Memory Loss and Dementia	Being Present When Friends are Ill Quaker Aging Resources
Meaningful Retirement	Celebrating Lives and Life Stories Quaker Aging Resources

Edited and Audio Recorded QAR Pamphlets

Physical Health	Depression Quaker Aging Resources
Aging in Place	Conversations About Driving Quaker Aging Resources
Emotional Care	Care of the Caregiver Quaker Aging Resources
Death and Dying	Green Burial and Other Options Quaker Aging Resources

	Role of the Spiritual Community in Care Quaker Aging Resources
Spirituality and Aging	
Meaningful Retirement	Adapting to Retirement Quaker Aging Resources
	Intergenerational Relationships: Advices and Queries Quaker Aging Resources
Meaningful Retirement	
Spirituality and Aging	Continuity and Coping Quaker Aging Resources
	Celebrating Aging in Your Faith Community Quaker Aging Resources
Spirituality and Aging	
Physical Health	Adaptive Advices Quaker Aging Resources

[Videos | Quaker Aging Resources](#) and [stories](#) about friends are new features. While reviewing the Resources sections, you'll find *book reviews* and *models of care* for Meetings and Quarters. More is yet to come so visit again! We welcome you!